

# Kia Stephens

ENCOURAGING THE HEARTS OF WOMEN  
ONE WORD AT A TIME



## BIO

Kia Stephens is the founder of Entrusted Women, which she created to equip Christian women communicators of color. A contributing writer for iBelieve.com, Proverbs 31 Ministries, and Crosswalk, she is a recurring speaker at She Speaks and the Entrusted Women's Conference.

Kia has also been a featured guest on several podcasts including the Proverbs 31 Ministries Podcast, Java With Juli with Dr. Juli Slattery, The Alli Worthington Show, Better Together With Barb Roose, the Sister Circle With Chrystal Hurst, and the Captivating Podcast with Stasi Eldredge.

Kia is also the host of the Hope for Women With Father Wounds Podcast and she recently released her first book Overcoming Father Wounds. As a writer, speaker, and business owner Kia is passionate about encouraging the hearts of women one word at a time. She offers practical advice for writers, speakers, and ministry leaders at varying stages of their journey. When she is not writing or speaking, which she often calls her side-gig, she is working her full-time job as a wife of nearly 20 years and a mama to two teens.

 [View Kia's Speaking Reel Here](#)



# Kia Stephens

ENCOURAGING THE HEARTS OF WOMEN  
ONE WORD AT A TIME



## SPEAKING TOPICS FOR WOMEN

- Exchanging Father Wounds For the Love of God the Father
- Knowing God as Father
- Forgiving What Seems Impossible to Forget
- The Power of Self-Talk: How To Change Your Life With God's Word
- Additionally, Kia can customize a talk for your event.



# Kia Stephens

ENCOURAGING THE HEARTS OF WOMEN  
ONE WORD AT A TIME



## SPEAKING TOPICS FOR WOMEN

### **Exchanging Father Wounds For the Love of God the Father**

A father wound refers to a physical, mental, or emotional injury that was intentionally or unintentionally caused by a father. This may be the result of divorce, abandonment, abuse, incarceration, addictions, premature death, or a physically present but emotionally absent father. If a woman is unable to heal from these wounds, she may be impacted by them for her entire life. In Kia's talk, she helps women see that overcoming the pain of father wounds is possible when we exchange our pain for God's perfect love.

### **Forgiving What Seems Impossible to Forget**


When we are hurt by someone we love forgiveness can sometimes feel impossible to do. Knowing what the Bible says may not motivate us to relinquish our right to hold another person wrong for what they have done to us. In this message Kia share four practical steps everyone can take to forgive the person who hurt them.

### **6 Lessons From a Woman's Faith and a Savior's Love**

Life can sometimes leave us second-guessing God's love. We may find ourselves wondering if He loves us at all. In this message, Kia will unpack lessons learned from the faith of the woman with an issue of blood and the Savior who loved her. Every woman will leave knowing that they are seen and loved by God their heavenly Father.

### **he Power of Self-Talk: How To Change Your Life With God's Word**

What are the words you say to yourself? Are they kind or mean, positive or negative, encouraging or discouraging? Words are powerful and the outlook we have in life is impacted by the words we say to ourselves. In this message Kia identifies lies women tell themselves and helps them take their thoughts captive so that the thoughts they speak to themselves line up with what God says about them.



 *Kia Stephens*

ENCOURAGING THE HEARTS OF WOMEN  
ONE WORD AT A TIME



## **SPEAKING CREDITS**

**reNew Retreat 2024**

**Blue Ridge Mountains Christian Writers Conference 2024**

**Ramsey Solutions 2024**

**SpeakUp Conference 2024**

**Compel Day 2024**

**The Next Chapter Writing Retreat 2024**

**Grace Adventures Women's Retreat 2024**

**One Heart Women's Ministry 2023**

**Victorious Women in Christ 2023**

**YouVersion Verse of the Day August 2022**

**Living Sabbath Virtual Retreat 2022**

**She Speaks 2019, 2020, 2022**

**Entrusted Women Conference 2019, 2020, 2021**

**Brooklyn Tabernacle's Exchange Online 2020**

**Beloved Women's Conference 2019, 2020, 2021**

## **CONNECT WITH KIA**

